SUPPORTING STUDENTS' USE OF DIGITAL DEVICES AT SCHOOL AND AT HOME
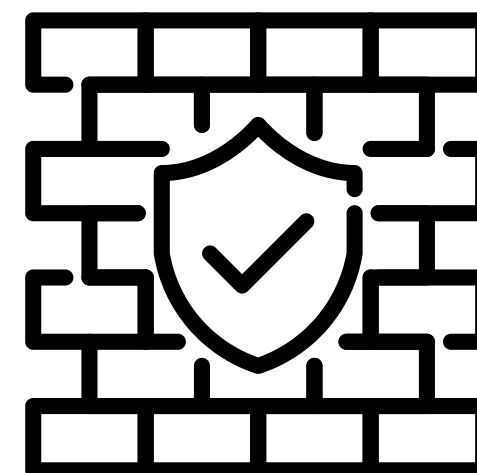
At Sha Tin College, we prioritize creating a safe and productive learning environment that aligns with our core value of being responsible. This value is reflected in our approach to managing digital device use among students. The following key takeaways highlight the actions we take to ensure responsible and balanced use of technology, both on and off campus. By fostering a culture of responsibility, we aim to guide our students towards making informed and mindful decisions in their digital lives.

ELEVEN KEY TAKEAWAYS

SCHOOL FIREWALL

Our school firewall actively restricts access to inappropriate websites while allowing educational platforms like YouTube, ensuring a safe online environment for students on campus.

VPN BLOCKING

We regularly update our firewall settings to block VPN services, preventing students from bypassing our internet restrictions.

HOTSPOT USAGE

Our firewall does not prevent students from using personal hotspots on their smartphones to access the internet, bypassing our school network. Parental controls on smartphones can help manage this.
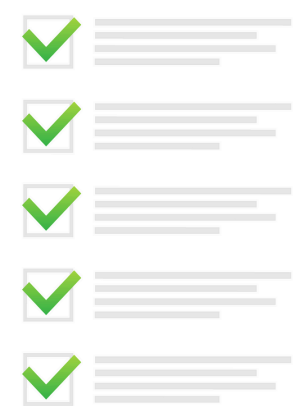
SUPPORTING STUDENTS' USE OF DIGITAL DEVICES AT SCHOOL AND AT HOME

ELEVEN KEY TAKEAWAYS

BALANCED AND RESPONSIBLE USE GUIDELINES

Our updated guidelines clearly outline expectations and consequences for digital device use, promoting responsible behaviour.

GUIDELINES

CLASSROOM MANAGEMENT

In class, students should keep their laptops closed unless instructed otherwise by the teacher, ensuring focused and productive learning.

SELF-REGULATION

Encouraging children to self-regulate their device use is crucial. While parental controls can prevent excessive use, developing self-regulation skills is equally important.

ONGOING CONVERSATIONS

Regular discussions about digital boundaries are vital. As children grow, these conversations will evolve, shifting from protection to guidance.

SUPPORTING STUDENTS' USE OF DIGITAL DEVICES AT SCHOOL AND AT HOME

ELEVEN KEY TAKEAWAYS

FAMILY MEDIA AGREEMENTS

Establishing family media agreements helps set clear rules for device use. These agreements should apply to all family members, promoting balanced and healthy technology use.

PARENTAL CONTROLS

When used alongside family media agreements, parental controls can be effective. However, children may find ways to bypass them, so negotiated limits are often more successful.
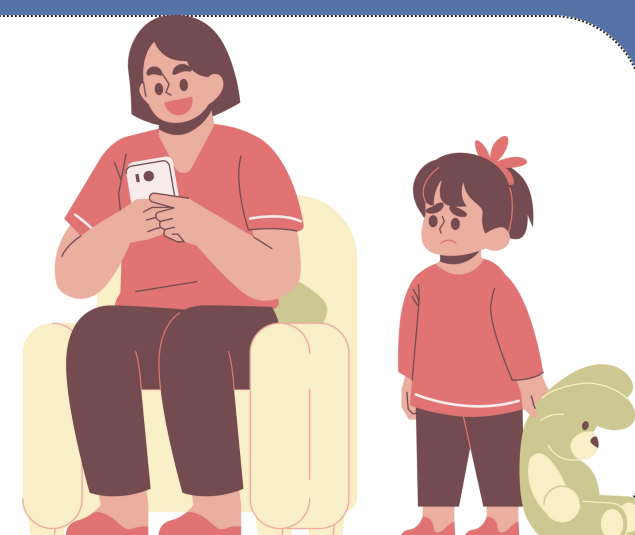
REGULAR REVIEWS

Regularly reviewing and adjusting family media agreements and parental controls ensures they remain relevant as your child grows and gains more independence.

MODELLING BEHAVIOUR

It is important that we, as adults, model the behaviour that we want to see from children. We need to be mindful of our own technology use and set a good example for the young people around us.

![ESF 英基 SHA TIN COLLEGE]

SUPPORTING STUDENTS' USE OF DIGITAL DEVICES AT SCHOOL AND AT HOME

11 KEY TAKEAWAYS

1 School Firewall

2 Hotspot Usage

3 Regular Reviews

4 Parental Controls

5 Self-Regulation

6 VPN Blocking

7 Modelling Behaviour

8 Classroom Management

9 Balanced and Responsible Use Guidelines

10 Family Media Agreements

11 Ongoing Conversations

We hope these takeaways provide valuable insights and practical strategies to help you manage your child's digital device use.

If you have any questions or need further assistance, please don't hesitate to reach out to Matt Wisbey, Senior Leader - Learning Technologies & Systems at mcw@shatincollege.edu.hk