

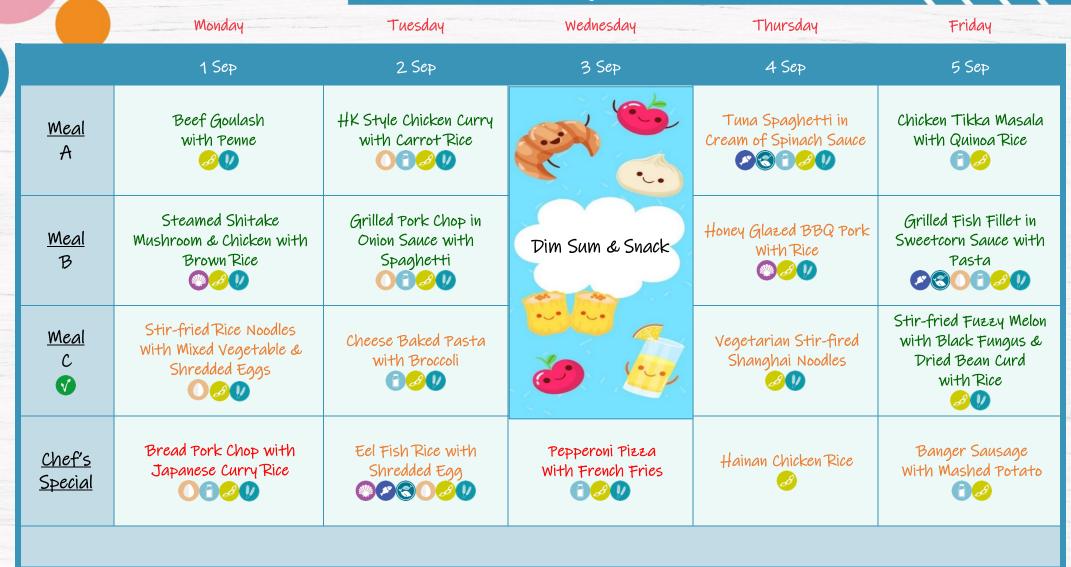
SCHOOL MENU



















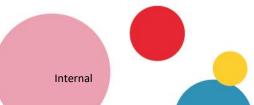




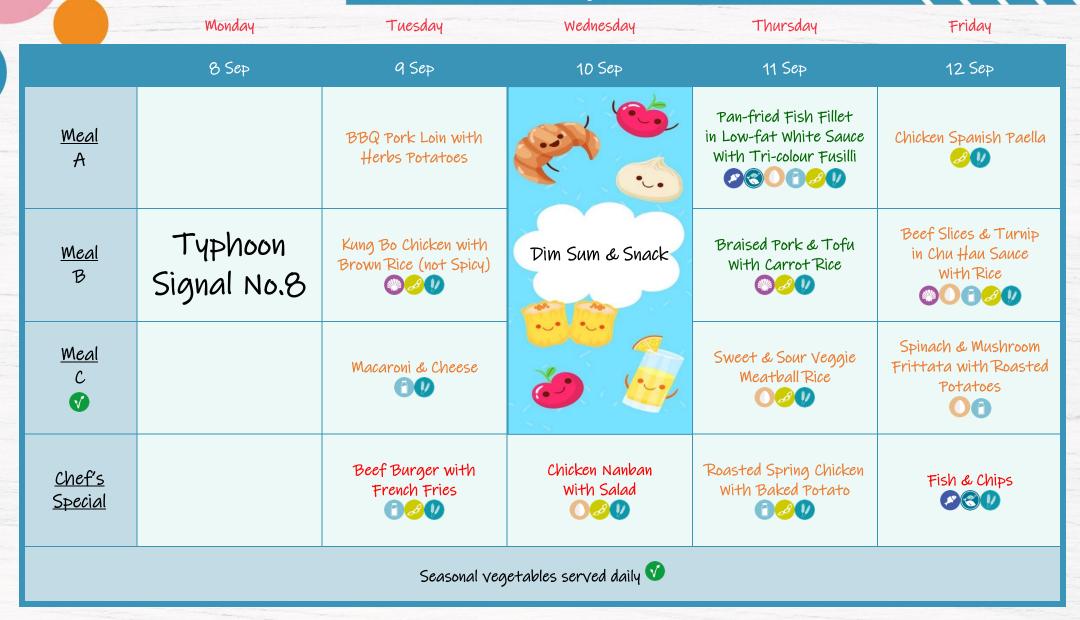


Fish Alert 含魚類















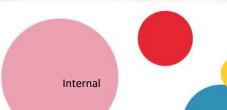






Peanut Alert 含花生







	Monday	Tuesday	Wednesday	Thursday	Friday
	15 Sep	16 Sep	17 Sep	18 Sep	19 Sep
<u>Meal</u> A	Shredded Pork Loin in Portuguese Sauce With Penne	Japanese Fried U-don With Chicken & Narutomaki	Swimming Gala	Hungarian Braised Pork Stew with Mashed Potato	Butter Chicken with Corn Rice
<u>Meal</u> B	Pan-fried Fish Fillet in Tomato Sauce with Brown Rice	Stir-frited Pork, Onion & Tomato with Quinoa Rice		Stir-fried Slice Beef & Oyster Mushroom & Green Beans with Rice	Yeung Chow Fried Rice (No Seafood)
<u>Meal</u> C ♂	Spinach & Chickpeas Curry With Rice	Vegetable Bolognaise Spaghetti		Braised Tomato & Scrambled Egg with Brown Rice	Stir-fried Spaghetti with Bell Pepper Mushroom & Red Kidney Beans
<u>Chef's</u> Special	Teriyaki Beef & Onion Rice Bowl	HK Style Baked Pork Chop Rice		Korean Fried Chicken With Potato Wedges	Veal Sausage with Mashed Potato
Seasonal vegetables served daily 🕜					











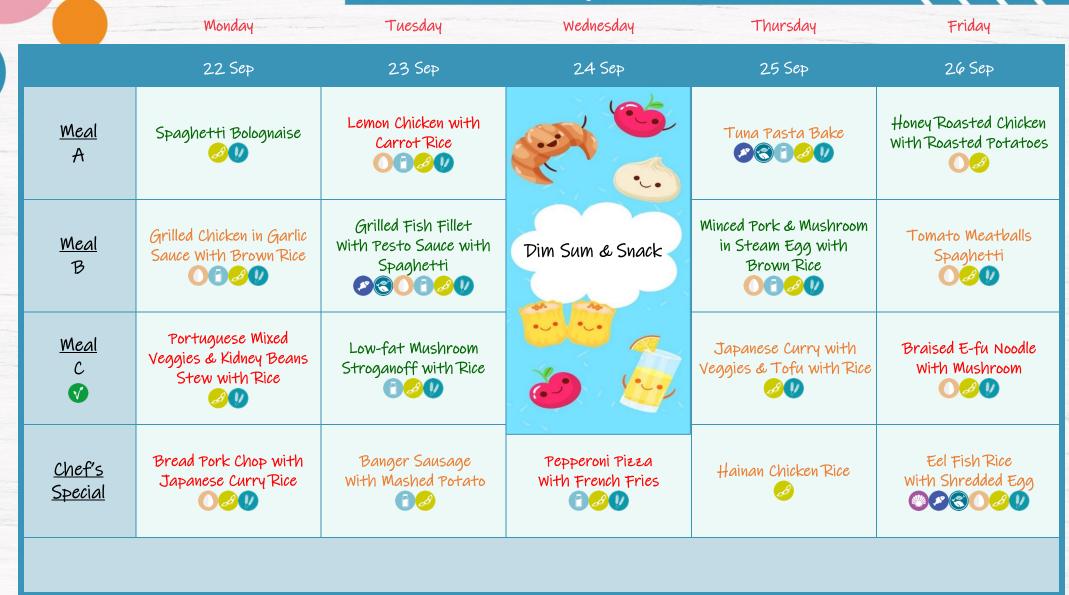






















































Peanut Alert 含花生







